



Laura Vos – Mental Health Counselor Associate – MC
 61109323 19515 North Creek Parkway, Suite 306,
 Bothell, WA 98011 Office: 425-419-4993/
 Fax:425-309-5187
 www.childpsychservices.org

CLIENT REGISTRATION

Child's Name: _____ **DOB** _____
 (Last) (First) (MI) (Nickname)

Gender: M / F Age: _____ Grade Level: _____

Parent/Guardian Information

Father's Name _____ **Mother's Name:** _____

Are parents- Married _____ Separated _____ Divorced _____ Other _____

Please list other immediate family members, and or other's who live in the home:

Name: _____	Age: _____	Lives in home: _____	Lives out of home: _____
Name: _____	Age: _____	Lives in home: _____	Lives out of home: _____
Name: _____	Age: _____	Lives in home: _____	Lives out of home: _____
Name: _____	Age: _____	Lives in home: _____	Lives out of home: _____
Name: _____	Age: _____	Lives in home: _____	Lives out of home: _____

Parenting Plan: Yes No Letter of Guardianship: Yes No Foster/Adopt Yes No

Guardian Ad Lidem: Name _____ Ph # _____

(Copies of any and all custody documents is required prior to a child receiving services; if custody requires both parents consent, this must be obtained prior to child receiving services)

Address

 (Street/PO Box) (City) (State) (Zip)

Home Phone _____ **Cell Phone** _____

Work Phone _____ **Email** _____

Employer/Occupation _____ **Job Title** _____

IN CASE OF EMERGENCY NOTIFY:

NAME _____ PHONE _____

RELATIONSHIP TO CLIENT _____

Referred by:



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Client Information and Consent to Treatment Agreement

Thank you for choosing Child Psychological Services, PLLC. We are committed to giving you the best care possible. To acquaint you further with the procedures and policies, we are providing the following information.

APPOINTMENTS: If you need to cancel an appointment, a minimum of 24 hours notice is required; otherwise, you are subject to full charge for the appointment. In the evenings and on weekends, you may leave a message on the voice mail, which will accurately record the date and time you placed the call. We will do our best to be punctual for your appointment unless there is an emergency. We ask that you be punctual as well. If you are late, for any reason, please call our office to inform us. This is necessary so we can see following patients at their scheduled times. **Please note:** Insurance does not cover missed appointment charges.

EMERGENCIES: We do not provide 24/7 crisis counseling services. The number for the King County Crisis Center is (425) 461-3222 and for the Snohomish County Crisis Center is (425) 258-4357.

CONFIDENTIALITY: Your client records are the property of Child Psychological Services, PLLC and shall be treated as confidential according to state and federal law. No information about you is released from this agency to anyone without your written permission, except as required by law or court order. We are required by law to report suspected child abuse (regardless of when it occurred), and clear, concrete evidence of planned acts of violence.

Exception: If you have requested your records be available to a third party, you will need to complete, sign and date an “Authorization to Release (Verbal/Written) Information” form that details information to be disclosed and provides a specific time frame for this to occur.

WRITTEN RECORDS: Child Psychological Services, PLLC maintains written files about your service for seven (7) years, or till your child reaches age 21 years-old. You have the right to review your file and provide written documentation if you disagree with the contents which will be kept with the file. If so desired, please arrange such a review with Laura Vos, LMHCA.

I/We, the undersigned, certify that the information concerning my resources is correct. I have read and understand my rights and responsibilities as outlined in this document and other supplementary documents completed as addendum to this document. I do hereby request and consent to treatment for my child with Child Psychological Services PLLC, and with Chelsi House, LMHC. I will participate in the development of a treatment plan that best addresses my child’s needs or situation. I also verify that I have received the required state disclosure information. I understand that nothing in this Patient Information and Consent to Treatment agreement shall be interpreted to limit or modify my rights and obligations under the State Required Disclosure Form. I understand I may stop services when I choose, with no obligation to continue if I so choose.

_____	_____
Client Signature	Date
_____	_____
Parent / Guardian	Date
_____	_____
Parent / Guardian	Date
_____	_____
Therapist	Date



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CONSUMER RIGHTS STATEMENT

As a client or a prospective client of Child Psychological Services PLLC, you have the right to:

1. Be treated with respect, dignity, and privacy;
2. Develop a plan of care and services which meets your unique needs;
3. The services of a certified language or sign language interpreter and written materials in alternate format to accommodate disability consistent with Title VI of the Civil Rights Act;
4. Refuse any proposed treatment, consistent with the requirements in Chapter 71.05 and 71.34 RCW;
5. Receive care which does not discriminate against you, and is sensitive to your gender, race, national origin, language, age, disability, and sexual orientation;
6. Be free of any sexual exploitation or harassment;
7. Review your clinical record and be given an opportunity to make amendments or corrections;
8. Receive an explanation of all medications prescribed, including expected effect and possible side effects;
9. Confidentiality, as described in Chapters 70.02, 71.05, and 71.34 RCW and regulations;
10. All research concerning consumers whose cost of care is publicly funded must be done in accordance with all applicable laws, including DSHS rules on the protection of human research subjects as specified in Chapter 388-04 WAC;
11. Make an advance directive, stating your choices and preferences regarding your physical and mental health treatment if you are unable to make informed decisions;
12. Appeal any denial, termination, suspension, or reduction of services and to continue to receive services at least until your appeal is heard by a fair hearing judge;
13. Lodge a complaint with the OMBUDS, Regional Support Network, or provider if you believe your rights have been violated. If you lodge a complaint or grievance, you must be free of any act of retaliation. The OMBUDS may, at your request, assist you in filing a grievance. The OMBUDS' phone number is: 1-800-790-8049.
14. As a Medicaid client /consumer (including parents/foster parents, assigned/appointed guardians of children and youth) are able to choose a participating mental health PCP to comply with WAC 388-865-0345, or any successor, and in accordance with the approved Medicaid waiver or any successor.
15. As a consumer, you have the right to request disenrollment from the prepaid health plan.

Client Signature: _____ Date: _____

Parent /
Guardian Signature: _____ Date: _____

Therapist Signature: _____ Date: _____



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TERAPIST DISCLOSURE STATEMENT

I am a Licensed Mental Health Therapist with the state of Washington, specializing in children and family therapy. I have over twenty years of experience working with children and their families. I use several different approaches when working with children that include Solution Focused Therapy, Play Therapy, Cognitive Behavioral Therapy, Mindfulness, and Family Focused Therapy. The approach I take with children and their families depends on the unique situation they are in at the time of treatment. I approach every child I work with, in the community they are living, working closely with their families and schools.

My focus working with children has included providing therapy for those dealing with Autism Spectrum Disorders, Anxiety Disorders (including Obsessive Compulsive Disorder, Separation Anxiety, Selective Mutism, and Social Phobia), Depression/Mood Disorder, Attention Deficits/Hyperactive Disorder, Learning Disabilities, and other school related issues. I also provide therapy to children and their families who are having difficulties due to change or trauma within their families such as death in the family, illness, divorce, and blended family dynamics.

I received my master's degree in counseling from Seattle Pacific University. I spent eight years working with Sound Health with families who were in crisis. This work focused primarily on children's mental health issues and parenting. I have spent the last ten years working as a therapist in schools providing individual and group therapy. I have a deep knowledge of the educational process with an understanding of how hard this system can be for families whose children are struggling. My understanding of family systems is very strong, and I thrive at working together as a team within these systems to work together to make positive change.

I believe people can reach their best potential given the right support and tools for change. When appropriate, I use creative and expressive approaches including play, sand-tray, and art. The goals of counseling will be based on each client individually as to his or her specific concerns and reasons for entering counseling. I provide a traditional counseling environment, or a faith-based approach if you so desire. My foundational belief in Christian principals guide me in my work helping families, and my philosophy emphasizes a balanced life to provide a positive environment for change and growth. I believe courage and character are essential in the development of an individual, the family, and the community.

I currently hold an associate degree and am under the supervision of Dr. Janet O'Donnell. She will be consulting and supervising my work with you and your family.

Confidentiality:

Respect, safety, and confidentiality help to promote honest communications. Therefore, the information and concerns you share with me will remain private and confidential if it is legally possible to do so. No personal information will be shared about you without your expressed written consent (in the case of couples or families, there must be written permission from each person eighteen years or older). To provide you with the best client care possible, general information regarding your case may be discussed with other professionals with whom I work. Only in certain circumstances would I be legally required to release information to responsible authorities to protect the safety and interests of you and others. In general, these circumstances are:

- If you give serious indication that you are likely to harm yourself or others
- If you reveal information that a child, teenager, or dependent adult is being abused or neglected.
- Or if I receive a court order to share information with a judge or lawyer.

Client

Date

Client / Parent / Guardian

Date

Therapist

Date

PREGANCY/INFANCY HISTORY

Please check the following for the mother of the child:

True Not True Don't Know

- | | | | |
|--|-------|-------|-------|
| 1. Had bleeding during the first 3 months | _____ | _____ | _____ |
| 2. Had bleeding during the second 3 months | _____ | _____ | _____ |
| 3. Had bleeding during the last 3 months | _____ | _____ | _____ |
| 4. Gained less than 15 pounds, specify: | _____ | _____ | _____ |
| 5. Gained more than 30 pounds, specify: | _____ | _____ | _____ |
| 6. Had pre-eclampsia or toxemia | _____ | _____ | _____ |
| 7. Had to take medications; list | _____ | _____ | _____ |
| 8. Took narcotic drugs; list | _____ | _____ | _____ |
| 9. Drank alcohol; amount | _____ | _____ | _____ |
| 10. Had previous miscarriage; number | _____ | _____ | _____ |
| 11. Had premature baby(ies) | _____ | _____ | _____ |
| 12. Smoked 1 pack or more of cigarettes daily | _____ | _____ | _____ |
| 13. Labor lasted less than 2 hours | _____ | _____ | _____ |
| 14. Labor lasted more than 12 hours | _____ | _____ | _____ |
| 15. Had a difficult labor | _____ | _____ | _____ |
| 16. Was put to sleep for delivery | _____ | _____ | _____ |
| 17. Was given medication for labor; specify | _____ | _____ | _____ |
| 18. Delivery was normal | _____ | _____ | _____ |
| 19. Delivery was breech, caesarian, forceps, induced | _____ | _____ | _____ |
20. How was the mother's health during the pregnancy of this child? ___good ___fair ___poor ___don't know
21. How old was the mother when this child was born? _____
22. Was this child born on schedule? ___ 8 mths. or earlier ___term (8-10 mths) ___after 10 mths ___don't know
23. What was this child's birth weight? ___pounds ___ounces
24. Is this child adopted? ___yes ___no If yes, at what age? _____
25. Number of previous pregnancies: _____
26. Number of living children: _____

Newborn Infant Problems

(first month of life)

True Not True Don't Know

- | | | | |
|---|-------|-------|-------|
| 1. Born with cord around neck | _____ | _____ | _____ |
| 2. Injured during birth | _____ | _____ | _____ |
| 3. Had trouble breathing | _____ | _____ | _____ |
| 4. Jaundiced (turned yellow) | _____ | _____ | _____ |
| 5. Cyanosis (turned blue) | _____ | _____ | _____ |
| 6. Was a twin or triplet | _____ | _____ | _____ |
| 7. Had an infection | _____ | _____ | _____ |
| 8. Had seizures | _____ | _____ | _____ |
| 9. Was given medications, specify: | _____ | _____ | _____ |
| 10. Needed oxygen | _____ | _____ | _____ |
| 11. Was in hospital more than five days | _____ | _____ | _____ |
| 12. Born with a heart defect | _____ | _____ | _____ |
| 13. Born with other defect(s), specify | _____ | _____ | _____ |
| 14. Had trouble sucking | _____ | _____ | _____ |
| 15. Had skin problems | _____ | _____ | _____ |
| 16. Colic | _____ | _____ | _____ |
| 17. Sleep problems | _____ | _____ | _____ |

Comments: _____

DEVELOPMENTAL FACTORS

When did this child do the following: (If you cannot recall the age, write either early, normal, or late.)

	No	0-3 mo	4-6 mo	7- 12mo	13-18 mo	19-24 mo	2-3 yrs	3-4 yrs	4-5 yrs	5-7 yrs	7+ yrs
1. Hold up head											
2. Roll front to back											
3. Sit alone											
4. Crawl											
5. Walk alone											
6. Speak single words (not mama/dada)											
7. String two or more words together											
8. Toilet trained (bladder control)											
9. Toilet trained (bowel control)											
12. Have difficulty separating from parents											
13. Thumb-sucking											
14. Fears (what?)											
15. Nightmares											
16. Hurt self, others, animals											
17. Play with fire											
18. Run away											
19. Temper tantrums											
20 Open Masturbation											
22. Behavior problems at school											

MEDICAL HISTORY

Please rate your child in each of the following areas:

	GOOD	FAIR	POOR
1. Health			
2. Hearing			
3. Vision			
4. Gross Motor Coordination			
5. Fine Motor Coordination			
6. Speech Articulation			
Any Sensory Issues – Please describe:			
Tactile (touch)			
Visual			
Auditory			
Movement _____			
Smell _____			
Taste/Food aversions _____			

Has this child ever had any Occupational &/or Speech Therapy? If so, please identify:

With whom: _____

What was the reason?

With whom: _____

What was the reason?

Please identify any past medical injuries and illnesses/beginning with most recent:

Description	Date	Age	Effects/Impact

Please check the following problems:

	YES	NO	DON'T KNOW
• Suspicion of alcohol/drug use	_____	_____	_____
• History of physical/sexual abuse	_____	_____	_____
• Sleeping problems	_____	_____	_____
• Is this child a restless sleeper	_____	_____	_____

Does this child have bladder/bowel control problems?

	YES/NO	DAY (how often)	NIGHT (how often)	When did this begin?
Bladder				
Bowel				

Please list any prescription or non-prescription medications this child is presently taking.

Medication	Dosage	Purpose

When was this child's last medical exam? _____

With whom: _____

Phone: _____

What was the reason? _____

Has this child ever had any psychological testing or counseling? If so, please identify:

a) With whom: _____

Phone: _____

What was the reason? _____

Any previous Diagnosis?

b) With whom: _____

Phone: _____

What was the reason? _____

SCHOOL HISTORY

School: _____ Grade: _____

Please summarize the child's progress in school: _____

Has the child ever been in any type of special educational program (IEP/504), and if so, how long?

Learning Disabilities: _____

Advance Placement: _____

Check any of the following that apply:

	In what grade	(please write in details)
Afraid to attend school	_____	
Been bullied	_____	
Bullied others	_____	
Disrupt class		
Inattentive in class	_____	
Refuse to go to school	_____	
Fail to turn in work	_____	
Detention	_____	
In-school suspension	_____	
Out-of-school suspension	_____	
Expelled from school	_____	

4. Have any additional instructional modifications been attempted? ____ none ____ behavioral program
____ daily/weekly report card ____ other _____

5. Has this child had any educational testing? ____ Yes ____ No
If yes, what? _____ (please bring in copies)

Extracurricular Activities? (current and history) _____

SOCIAL HISTORY

1. How does this child get along with his/her siblings? ____ No siblings ____ Better than average
____ Average ____ Worst than average.

2. How easily does this child make friends? ____ Very Easy ____ Average ____ Not very Easily.

3. On average, how long does this child keep friendships? ____ less 6 mths ____ 6mths to year ____ 1+ year

4. Is the child able to form close relationships? ____ Yes ____ No

Does your child seem to miss social cues (e.g. not understand when she/he is being teased, not understanding humor, not recognizing when children are disinterested in what she/he is talking about, perceives hostility when there is none)?

5. How would you describe a typical day for this child: _____

FAMILY HISTORY

Please identify if there are **family members** with the following:

CHILD'S MOTHER - Maternal History	CHILD'S FATHER - Paternal History
Substance Abuse:	Substance Abuse:
Learning Disabilities:	Learning Disabilities:
Psychiatric Diagnosis:	Psychiatric Diagnosis:
Anxiety/Depression	Anxiety/Depression:
Behavior Problems:	Rage/Behavior Problems:
Medical Problems:	Medical Problems:
Physical/Sexual Abuse	Physical/Sexual Abuse:
Arrests:	Arrests:
Autism Spectrum:	Autism Spectrum:

Family members living in home/homes: Please list family members currently living in the child's home and immediate family members living outside of the home:

Name	In/Out	Relation - Biological/Other	Gender	Age	Grade/Job

Who has taken care of the child most of his/her life? _____

Who is the primary disciplinarian in the family? _____

Do parents agree on the issues of parenting, rules, and discipline? _____ Are they ___strict ___lenient

Do parents get along with one another? ___ always ___ usually ___ sometimes ___ rarely

To what extent are you (and spouse) consistent with respect to disciplinary strategies?

___ most of the time ___ some of the time ___ none of the time

What would you like to change about your family? _____

Please mark any of the statements below which apply to your family.

	Yes	No
Our family is warm and loving	___	___
People are always fighting	___	___
Everyone goes his or her own separate way	___	___
People say what is on their mind	___	___

Have there been or are there currently any major changes or stressors in the family where the child was raised?

___Yes ___No If yes, please check all that apply:

	In Past	Current (6 mo/less)
Financial	_____	_____
Frequent moves	_____	_____
Job Changes	_____	_____
Drinking/drug usage	_____	_____
Arguments between parents	_____	_____
Separation or divorce of parent's	_____	_____
Remarriage of parent	_____	_____
Separation from sibling's	_____	_____
Separation from other family member's	_____	_____
Frequent physical punishment	_____	_____
Physical confrontations between parents	_____	_____
Separation from significant non-family member	_____	_____
Mental illness in family	_____	_____
Physical illness in family	_____	_____
Psychiatric hospitalization of a parent	_____	_____
Death in the family	_____	_____
Sexual promiscuity of incestual behavior in family	_____	_____
Family feels isolated	_____	_____
Other _____	_____	_____

How has family been changed by the child's problem(s)? _____

What is the family's expectation of treatment? _____

What does the family see as their role in treatment? _____

What are the family's strengths? _____

What are the family's weaknesses? _____

What strategies have been used to address these problems? (check those that apply and circle those that have been successful):

Verbal reprimands	_____	Time outs	_____
Removal of privileges	_____	Reward system	_____
Physical punishment	_____	Giving in	_____
Avoiding issues	_____	Other	_____

How would you rate your child's overall functioning? (circle)

1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

unable to function in all areas unable to function in most areas serious difficulty functioning mild to moderate difficulty minimal difficulty no difficulty

What are your goals for treatment and desired outcome?

Spiritual Orientation

Please describe the spiritual orientation or religion of this child's family?

How active are spiritual beliefs/religion in the family's life?

What are other (related) concerns?

I greatly appreciate you taking the time to complete these questions, as the information is very valuable in understanding your child and with development of a comprehensive assessment.

Laura Vos, LMHCA
Child and Adolescent Therapist

